

Course Title: Task Centred Fostering

Trainer:

Chris Anderson is a professionally qualified social worker and manager. She has worked in Children's Services for over 26 years, in both residential work and in community social work teams. She has developed a special interest in behaviour management and working with children who have challenging and complex needs.

Chris is currently the Chair of a fostering panel and is involved in training foster carers and others who work in caring for children. In addition, she is currently working as a practice assessor supporting students undertaking their degree in social work.

Aims and Objectives:

This course aims provide an introduction to task centred, short term or, time limited fostering. The concept of working in partnership with birth families is explored, particularly the skills needed to facilitate home visits or other forms of contact. The demands upon children and young people of being in foster care and 'loving your own family' are sensitively explored, together with the impact of this dilemma on carers and their own families.

The complexity of working with a large number of other agencies such as social workers, Courts, schools and health professionals is looked at, and the feelings it can often engender are acknowledged.

Duration of course:

One day (9.30 – 4.30 with a breaks)

Numbers:

Up to a maximum of 20 participants

Target Audience:

This is a forum where foster carers have the opportunity to discuss, learn, and gain support in managing their roles as foster carers, with experienced facilitators.

drive network

quality health and social care training

Teaching Method:

The course is conceived in seminar format, to enable maximum interaction between trainer and course participants. There is a comprehensive PowerPoint presentation, together with small group exercises to facilitate experiential learning

Course Synopsis:

- Providing a forum to discuss the role of foster carer
- Working with birth and extended families
- Enabling and promoting contact and home visits
- Preparing a child for contact
- The 'after contact' experience
- Exit plans - the return home
- Helping a child to understand it's OK to be in foster care
- The discrimination birth families experience
- Working with agencies who 'don't understand'
- Foster carers and their families have feelings too!
- Helping a child to move on
- The foster family after the child has moved on