

**COURSE TITLE: UNDERSTANDING AND WORKING WITH
PERSONALITY DISORDERS**

Trainer:

Juliette Merrett is a senior Occupational Therapist specialising in the field of adult mental health.

Aims and Objectives:

The course introduces the concept of a disorder of personality and examines the relationship with mental disorder or mental illness. Diagnosis and classification of personality disorder are considered, as are the dilemmas posed to clinicians in these areas.

Professional roles in diagnosis, care and treatment are outlined, with reference to Department of Health plans for the development of a comprehensive service. The course also seeks to convey the experience of living with a personality disorder from the service user perspective.

Duration of course:

Whole day (9.30 am to 4.30 pm with breaks)

Numbers:

Between 12 and 20 participants

Target Audience:

Health and social care professionals practising in the area of adult mental health, both statutory and voluntary sectors. Practitioners in services for children and young people are also urged to consider this course, given the undoubted link between childhood experience and the onset of personality difficulty in adult life.

Teaching Method:

Comprehensive PowerPoint presentation, combined with group exercises containing case material based on the trainer's clinical practice in this field.

The course is conceived in seminar format to facilitate interaction between the trainers and course participants.

drive network

quality health and social care training

Course Synopsis:

- The concept of a disorder of personality
- The link with childhood experience and attachment
- Methods of diagnosis
- The incidence of PD
- The diagnostic range of PD and the three main 'clusters'
- Services for care and treatment - moving on from the 'diagnosis of exclusion'
- Professional roles
- The role of the Mental Health Act 1983 (as amended by the MHA 2007)
- The experience of PD from the service user perspective