

Course Title : Introduction to Attachment Theory

The Trainers

Chris Anderson is a professionally qualified social worker and manager. She has worked in children's services and residential work for over 26 years.

Chris has developed an interest in behaviour management and working with children who have challenging and complex needs.

She is currently the Chair of a fostering panel and is involved in training foster carers and others who work in caring for children.

In addition, Chris is currently working as a practice assessor supporting students undertaking their degree in social work.

Peter Sadler is a teacher, trainer and facilitator with more than thirty years experience in the field. He was instrumental in setting up one of the first Behaviour Support Services outside London and is committed to working in a research based and reflective way.

Peter is now applying these skills with foster care workers where his interests lie in creating a professional development structure for the carers. He is particularly interested in the issues which are faced by men in care work.

Aims and Objectives :

Attachment theory is having renewed relevance for all those who work directly with children and families.

The course looks at the origins of the theory in mid - 20th century child psychology and goes on to consider the process of attachment, including the difficulties in attachment which can contribute to abuse and neglect.

The course aims to bring the perspective of attachment theory to a range of developmental and parenting difficulties, and give participants the chance to bring this perspective to their work. .

Target Audience :

The course will be of relevance to all who are caring for children or working directly with them in other settings. It will be of particular help to those working with children who are experiencing loss or separation.

Duration of Course:

One whole (0930 to 1630 with breaks)

Teaching Method :

There is a comprehensive Powerpoint presentation, combined with opportunities for discussion. There are small group exercises and participants' own practice experiences are actively sought to benefit the experience of the group.

Numbers :

Up to a maximum of 24 participants

drive network

quality health and social care training

Course Synopsis :

- The origins of attachment theory
- The meaning of attachment theory both in theory and in practice
- Separation and loss
- The practical implications of attachment theory for working with children, young people and their families
- The perspective and approach to assessment and intervention when working with attachment theory